



STAFF SENATE

Meeting Minutes

Tuesday, June 11, 2024

2:00 p.m. | Microsoft Teams

I. Welcome

II. May 2024 Meeting Minutes Approval III.

1st motion: Derrick Crooks

2nd motion: Eva Sanchez

III. Treasurer's Report

Balance of \$6,906.00 as of 6/3/2024

IV. Speaker

- Aileen Sifuentes, Texas A&M AgriLife Extension – Webb County
Aileen informs us of ways to stay active during the Summer. She stresses the importance of staying hydrated by drinking plenty of water throughout the day. Water activities are a great option to get exercise. Pool walking is beneficial because of the water resistance created while using little equipment. Swimming is a full-body workout and burns the most calories. Water sports are also beneficial and can be played in the pool. The water resistance will work muscles very well while being easy on the joints. Improves cardio fitness and strength. Boosts mood and reduces risk of diseases. Perfect for older adults with joint pain and those recovering from injuries, as buoyancy will help in reducing impact on joints. A list of public pools that will be open and offer physical activities is available if interested. For more information visit <https://agrilifeextension.tamu.edu/>

V. Staff Senate News

- Bylaws Update
- Board Elections
 - Position Nominees
 - Election period opens

Last month, we solicited nominations for all six positions. The voting period is now officially open. Please go vote for who you want to serve in the next board. There will be one vote for each position. Voting closes on June 18 at 11:59 pm. After the voting period closes, the confirmation process will begin with those who were voted in. The swear-in will take place in July's staff senate meeting. New board members will be running the August staff senate meeting.

- NeighborWorks Laredo - Workshop Announcement

There will be a financial/credit coaching workshop for free on Monday, June 24 at 10:00 am at PLG 116. Complete a registration form if interested. Workshop will be one hour long. Other courses may be offered depending on attendance and interest.

- Staff Field Day – Recap
Feedback has been positive. We have been looking at opportunities to integrate some elements of Field Day into next year’s TED.
- Annual Bowl-A-Thon – Recap
Almost 120 people attended and maxed out all 24 lanes. Photos were posted on the Staff Senate Facebook page. All funding goes directly back to the Staff Senate. 1st place trophy went to Blue Strikers with a total score of 21,345 points; 2nd place trophy went to Spare Time with a total score of 21,080 points; and the 3rd place trophy went to Bowling Rebels with a total score of 21,013 points; the trophy for Most Spirited Team went to Rolling Thunders; the trophy for Best Dressed Team went to Cirque du SolACE.
- Staff Senate Inbox Suggestions/Comments
One staff member suggested starting a donation service to include items such as clothing, food, toiletries, etc.
Another staff member suggested Healthy Release Time for employees. Rules remain the same, even on a modified schedule. For up to three times a week, employees may take 30 minutes of Healthy Release Time, provided they put in 30 minutes of their own time to participate in a HealthyU-sponsored activity. Employees must first obtain approval from their immediate supervisor and budgetary unit head using the HRT application.
Solutions for Loop 20 overpass construction were suggested. The administration is looking at all possible solutions. More information will be made available as construction has greater impact and as TxDOT updates us.

VI. TAMIU News

- Check out our website at <https://www.tamiau.edu/staffsenate/index.shtml> or email us at staff.senate@tamiau.edu. Visit the website to make suggestions, read minutes, executive counsel notes.
- Aramark is offering flexible meal options for employees, including a weekly 3-meal package and a weekly 5-meal package. Go to www.tamiau.campusdish.com/mealplans or contact Aramark for more information.
- Sandy from the TAMIU Small Business Development Center (SBDC) informs us that there are six more spots available for their QuickBooks workshop. Monthly webinars and workshops are also available on their page. Topics range from social media management, website management, customer service, etc. Classes are free. Go to SBDC website to register.
- If anyone is interested in joining the HealthyU committee, contact Clarissa Guerrero or Juan Perez or email healthyu@tamiau.edu. Meditation Mondays will be begin June 24 every 2nd and 4th Mondays from 10:00am to 10:30am via Teams. Reach out to Ashley Carrey if there are issues with medical or dental checkups populating.

- We have been discussing possibly organizing the website to include meeting minutes and agendas of only the last 3 years, as opposed to the last 10 years, as it currently is. We will still maintain a repository. We will be taking votes.

VII. Open Floor

- Question: Can suggestions be made about any subject or are they confined to only certain topics?

Answer: We would like to see suggestions pertaining to staff, staff community, and areas where staff senate interfaces with.

- Natalie reminds us about Bible study in the Killam break room at 5:30.
- Punch pass is still ongoing. Slots still available.

VIII. Door Prizes

1st Prize winner – Clarissa Guerrero

2nd Prize winner – Gabriela Martinez

3rd Prize winner – Samantha Soto

4th Prize winner of \$25 Starbucks gift card – Sofia Garza

IX. Adjournment

1st motion: Mayra Hernandez

2nd motion: Clarissa **Guerrero**